

**Vanderbilt Midwives Melrose
Primary Care for Women
Return Patients and Procedures
www.vanderbiltnursemidwives.org**

What is the one most important symptom or concern you would like addressed?

Do you have any other concerns if time allows?

Have you had any changes to your medical history, allergies, or medications since your last visit?

Is there anything else we should know about you to help care for you better?

Pharmacy & location: _____

Pharmacy Phone number: _____

Mood Interview:

PHQ-2 Over the last 2 weeks, how often have you been bothered by the following problems?

0=not at all 1= several days 2= more than half the days 3=nearly every day

Little interest or pleasure in doing things	0	1	2	3
Feeling down, sad, or hopeless	0	1	2	3
Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

GAD-7

Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Worrying too much about different things	0	1	2	3
Trouble relaxing	0	1	2	3
Being so restless that it's hard to sit still?	0	1	2	3
Becoming easily annoyed or irritable?	0	1	2	3
Feeling afraid as if something awful might happen?	0	1	2	3

How difficult have these issues made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all Somewhat difficult Very difficult Extremely difficult

If you answered any of the above questions with a 1, 2 or 3 in any column, please complete the reverse side of this form.

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Additional Mood interview – to be completed if positive answer to any of the previous questions:

PHQ-7

Over the last 2 weeks, how often have you been bothered by the following problems?

0=not at all 1= several days 2= more than half the days 3=nearly every day

Trouble falling or staying asleep, or sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Poor appetite or overeating	0	1	2	3
Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3